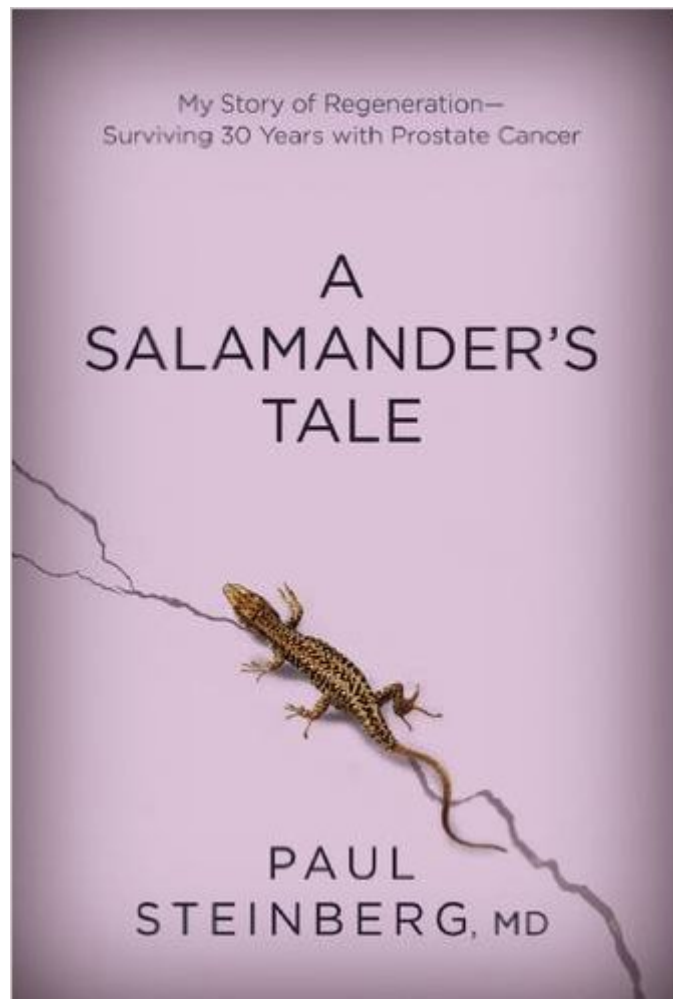


The book was found

A Salamander's Tale: My Story Of Regeneration—Surviving 30 Years With Prostate Cancer



Synopsis

Staring in the face of prostate cancer at age thirty-five and metastatic disease and proposed surgical castration at age forty, Paul Steinberg was forced to take two simultaneous journeys. The first was to transition from doctor to patient and surrender his physical health to a medical establishment he knew from firsthand knowledge would be using approaches that would be outdated within a few years. The second was a spiritual journey. His search for a higher meaning in his life sent him as far as walking over hot coals with Tony Robbins. Using the salamander as his role model, Steinberg, a college-health and sports psychiatrist, takes a look at the evolution of the regenerative capabilities of cold-blooded vertebrates like the salamander and at what we as humans have lost and gained in our warm-bloodedness. How do human beings regenerate? How do we redeem ourselves when our capacity for regeneration is limited? How did the prostate evolve, and how does prostate cancer develop? With wit and humor, Steinberg tackles lust and sex, and ultimately time and death and the gods. Having lived longer than virtually anyone else with metastatic prostate cancer, he uses his knowledge as a doctor and experience as a patient to provide a story of endurance and perseverance, weaving a tale of grace, regeneration, and redemption—just not the kind of regeneration and redemption that he or anyone else would expect.

Book Information

Hardcover: 224 pages

Publisher: Skyhorse Publishing (April 21, 2015)

Language: English

ISBN-10: 1632205696

ISBN-13: 978-1632205698

Product Dimensions: 6.1 x 0.9 x 9.1 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars — See all reviews (6 customer reviews)

Best Sellers Rank: #712,865 in Books (See Top 100 in Books) #70 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Prostate Disease #1477 in Books > Biographies & Memoirs > Professionals & Academics > Medical

Customer Reviews

Reading this book was a learning experience. I am grateful for the insight it has given me into fighting prostate cancer, the knowledge of some of the treatments available, and his diagnosis and

decision making philosophy

Although it started out as expected, a story about prostate cancer survival, then it turned into a philosophical diatribe that meandered like a driverless motorcycle and ended in a ditch-namely my garbage. I didn't expect to hear why religion is the problem and why we are in trouble as a world according to the author.

This is an amazing story told in a truthful way--with humor, candidness, and creativity. The author tells his incredible story of survival and thriving despite some seemingly insurmountable obstacles and odds. Anyone who has faced or is facing a health crisis (or is close to someone in this situation) must read this inspiring book.

[Download to continue reading...](#)

A Salamander's Tale: My Story of Regeneration—Surviving 30 Years with Prostate Cancer The Prostate Health Diet: What to Eat to Prevent and Heal Prostate Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostatitis Eat to Beat Prostate Cancer Cookbook: Everyday Food for Men Battling Prostate Cancer, and for Their Families and Friends Dr. Peter Scardino's Prostate Book, Revised Edition: The Complete Guide to Overcoming Prostate Cancer, Prostatitis, and BPH Invasion of the Prostate Snatchers: An Essential Guide to Managing Prostate Cancer for Patients and their Families 20 Years of Guided Bone Regeneration in Implant Dentistry Dr. Patrick Walsh's Guide to Surviving Prostate Cancer Dr. Patrick Walsh's Guide to Surviving Prostate Cancer, Second Edition, Special Sales Edition Dr. Patrick Walsh's Guide to Surviving Prostate Cancer, Second Edition Surviving Prostate Cancer Without Surgery Soccernomics: Why England Loses, Why Spain, Germany, and Brazil Win, and Why the U.S., Japan, Australia—and Even Iraq—Are Destined to Become the Kings of the World’s Most Popular Sport Soccernomics: Why England Loses, Why Spain, Germany, and Brazil Win, and Why the U.S., Japan, Australia—and Even Iraq—Are Destined to Become the Kings of the World's Most Popular Sport The New Testosterone Treatment: How You and Your Doctor Can Fight Breast Cancer, Prostate Cancer, and Alzheimer's The Whole Life Prostate Book: Everything That Every Man-at Every Age-Needs to Know About Maintaining Optimal Prostate Health The Natural Prostate Cure, Second Edition: A Practical Guide to Using Diet and Supplements for a Healthy Prostate The Prostate Massage Manual: What Every Man Needs To Know For Better Prostate Health and Sexual Pleasure The Salamander Room (Dragonfly Books) The Salamander Room Illustrated Encyclopedia of Pterosaurs (A Salamander book) F'k Cancer - Coping & Coloring: The Adult

Coloring Book Full of Stress-Relieving Coloring Pages to Support Cancer Survivors & Cancer Awareness ... Books & Swear Word Coloring Books) (Volume 6)

[Dmca](#)